

In this newsletter

Honorary Secretary's message	1
Proposal for Kiloleni Water Project	5
Can You Help Dr George Mgalega?	8
Project officer's Report	9
FUM Sponsored Walks	10
Legacy of the Golden Jubilee Appeal	11
Lucky Mgeni's Address to the AGM	12
FUM Officers and Last Word	14

The Friends of Urambo & Mwanhala



Friends of Urambo & Mwanhala

Linking the Tabora Region of Tanzania with the UK



A Message from the Honorary Secretary

Rafiki wapendwa, tunatumaini mlikuwa na mapumziko mazuri ya Pasaka na kwamba mwaka wenu utakuwa mzuri. Pamoja na ubaya wote duniani lazima tuendelee kufanya kazi ili kuboresha furaha katika sehemu yetu ndogo. Asanteni kwa msaada wenu endelevu kwa rafiki zetu wa Mkoa wa Tabora.

Dear Friends, we hope you had a pleasant Easter break and that your year will be a happy one. With so much wickedness in the world we must continue to work to improve the happiness in our small part of it. Thank you for your continued support for our friends in Tabora Region.

I hope that by the time you read this the spring has truly arrived and that the weather is becoming a little warmer; here in the South East it is hard to believe that we are already well into April. In Tabora Region the rainy season has ended and it is fair to say it has been only moderately good this year so that although farmers will have been able to harvest crops, they are unlikely to have much surplus which has a knock-on effect on the local economy. Our friends seem to be fairly optimistic though and look forward to the coming year.

During the last year we have maintained our support of the Folk Development Colleges in Mwanhala, Sikonge and

“ We could do nothing without your continuing support and I am really grateful for your unfailing generosity. Please keep your donations coming in and, if you can, find ways of raising money for us ”

Urambo all of which have had new buildings financed by the ministry and have been able to recruit many more students

than previously. It must be a help that, through our efforts, all three colleges now have a good water supply which is essential to serve their larger student numbers.

Mwanhala and Urambo FDCs relied on transport provided by FUM. They both had a Tempo Trax pick-up truck, basic but ideal for the conditions. Sadly the Urambo vehicle became unusable and had to be scrapped, and the motor cycle we had provided for Sikonge FDC had worn out too. We don't have funds available for new pick-up trucks and so FUM



decided to purchase a new motorcycle for Sikonge and Urambo FDCs. At Mwanhala, the Principal, Mr Mwadua, should be congratulated for managing to keep his Tempo Trax running, so for the moment we will continue to provide a small annual allowance to keep the vehicle serviced.

Di Cooper works hard to keep open the communication channels between the FDCs and FUM. Thanks to her, we are able, when needed, to consider requests for help with projects, but right now all three colleges seem to be thriving.

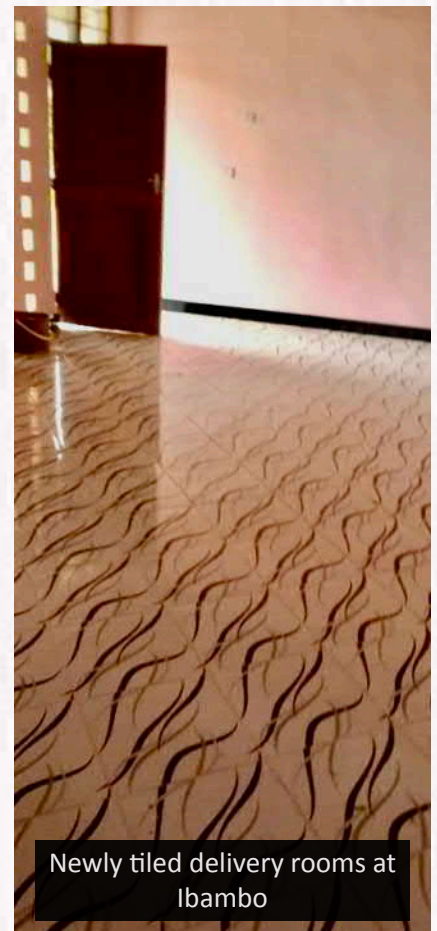
Since the last newsletter we have seen the borehole project at Isegenhe and the house-building and clinic refurbishment at Mambali, reported in the last newsletter, both being used fully, proving their worth. Those projects were both in Nzega District but now we have turned our attention to Urambo where we are nearing the end of the construction of a maternity unit at the clinic in Kiloleni village. The decision to undertake this was made in response to a request from the village, a

request endorsed by the District Medical Officer. Happily this coincided with a very generous donor agreeing to fund the majority of the work. By the time you read this, I hope that the District medical authority will have fitted the unit with furniture and equipment.

The other problem in Kiloleni, as in so many places, was the lack of a safe, reliable, water supply. Accordingly we commissioned a geophysical survey which identified a site suitable for a borehole only 600 metres from the clinic and so we have decided to go ahead and sink a borehole there. At this point you may like to leave this introduction temporarily, move to the next article on page 5, and read the report sent from Tanzania making the case for a borehole in Kiloleni. You will see that the proposal is to run a pipe from the borehole to the clinic and to make water available to the villagers via a water point there and then, maybe later on, extend the system to the schools and village centre. Of course, all depends on the flow available from the borehole. If this is less than 1000 litres per

hour then it will only be possible to fit a hand pump which would be very disappointing.

At the beginning of the year, we were able to provide funds for Ibambo clinic so that the delivery rooms could be



Newly tiled delivery rooms at Ibambo

tiled. It is astonishing what a transformation tiling brings. As you can see from the photos, tiling makes a huge difference, making the area much easier to keep clean and much more pleasant for the mothers who are using it. Our next task at



Maternity unit at Kiloleni under construction



Newly tiled delivery rooms at Ibambo

Ibambo is to improve the rainwater harvesting system there.

We are continuing with our support for our 15 village clinics. I have mentioned Mambali, Ibambo and Kiloleni; they and the others receive an annual grant of £250 to purchase equipment over and above that provided by the government so that they can provide the best possible service to their patients.

Thanks to you, our supporters, the bursaries to Nzega secondary school pupils continue and currently we are helping 104 pupils through their secondary school years. These pupils are from home backgrounds that are so straitened that they cannot afford even the modest amount required for the purchase of equipment, uniform and the like. Our gift of £30 per annum to each is a tiny amount, yet is sufficient to enable these

young people to remain at school. I have mentioned this fact in newsletter after newsletter but I will say again that there can be no better gift you can make to a young person. If you would like to join in and sponsor a pupil, please contact Nikki Hirst who is running the sponsorship scheme.

The ongoing pandemic forced our AGM onto Zoom once again, but even so, sadly rather few of you were able to join us and hear of the success in 2021. I hope we will be able to run our AGM face to face in 2023; it will be on the 23rd March so please make a note in your diaries. Perhaps we will manage a hybrid meeting so that it will be possible for those unable to be there in person to attend via Zoom. I hope we can include a Zoom element because we will then be able to include people from Tabora.

This year Lucky Mgeni intended to be with us but sadly he met with a minor accident and so was late joining. I have included his address to the AGM in this newsletter. Lucky, our guide and help in Urambo District, is a water engineer by profession so it is obvious just how useful he is to FUM. I know the Kenilworth Uyogo Friendship Link find his help invaluable too. In Nzega we are blessed to have the help of our great friend Venance Gomegwa. As



Lucky Mgeni, our guide and help in Urambo District

clerk of works in Nzega before his retirement it is obvious that his expertise is crucial to us in Nzega District.

With such good friends and with the support of the District and Medical authorities as well as the help of the FDC principals, we are able to succeed in our aim of advancing development in the Tabora Region even though in the grand scheme of things what we do is a drop in the ocean. We could do nothing without your continuing support and I am really grateful for your unfailing generosity. Please keep your donations coming in and, if you can, find ways of raising money for us. There is the chance of joining one of our sponsored walks this summer. There is one in July along the Tamar Valley; the other is on the South Downs.



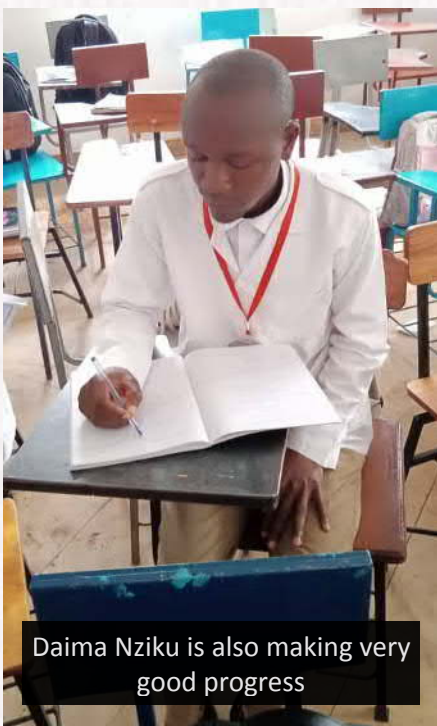
Our great friend Venance Gomegwa



Dr George Mgalega, Nzega District Medical Officer

Please read Isabel's message about these and maybe join in.

In addition to your normal donations, there are two special projects in search of your money this summer. Jo Taylor is hoping to raise a modest sum to help Dr George complete his university course. Dr George is the Nzega District Medical Officer and a good friend of FUM. He is funding his own way through an MSc in

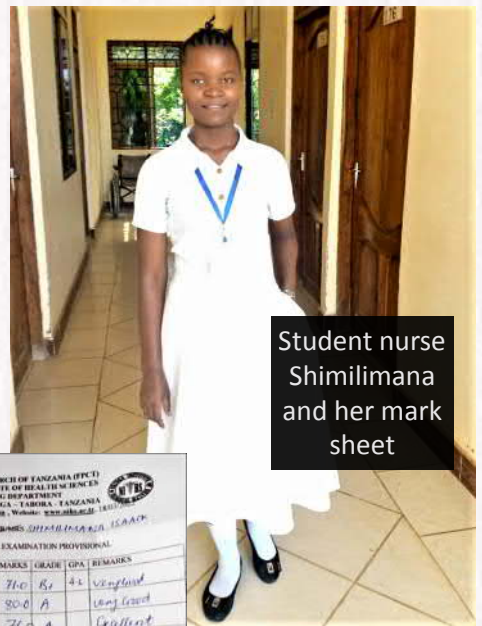


Daima Nziku is also making very good progress

community medicine but is finding it difficult to negotiate the last few months. Just a modest amount of help will see him through, so please read what Jo has to say.

Mary Kenway is anxious to help expectant mothers who are HIV positive manage their pregnancies and deliveries without passing on the virus to their children. Dr George has told us that the situation is greatly helped by the provision of supplementary protein during the early stages of pregnancy. Mary is hoping to start a programme to supply approved, protein enriched flour to the mothers in our Nzega Clinics. She is hard at work seeking money in her Cornwall Community and includes a plea and fundraising materials which have been emailed alongside this newsletter; FUM has decided to match whatever she raises with an equal contribution from our funds. The hope is that we can get a scheme up and running this year and then, via Mary's efforts, it can become self financing. Do read her appeal and help if you can.

Our student nurses are doing well and nearing the end of their courses. Many of you contributed generously to Shimilimana, a young student nurse who was quite unable to



Student nurse Shimilimana and her mark sheet

THE FREE PROVINCIAL SCHOOL OF TANZANIA (FPST)			
NANINGA INSTITUTE OF HEALTH SERVICES			
NURSING DEPARTMENT			
P.O. BOX 66, NANINGA, TAMBORA, TANZANIA			
EXAMINATION PROVINCIAL RESULTS OF AWARD: DIPLOMA IN NURSING			
NTA LEVEL	SEMESTER	COURSE	EXAMINATION PROFESSIONAL
MODULES	MARKS	GRADE	GPA
NMT 06011 Care of Women with Abnormal Pregnancy (Antenatal and Postnatal)	71.0	B+	4.2
NMT 06012 Care of Women with Obstetric Emergencies	80.0	A	4.0
NMT 06013 Care of Newborn with Abnormal Conditions	76.0	A	3.8
NMT 06014 Supervision in Nursing	52.0	A	3.5
NMT 06015 Epidemiology and Biostatistics	82.0	A	3.8
NMT 06016 Fundamentals of Research	85.0	A	4.0

Score Range	Grade	Grade point	Definition
85 - 100	A	4	Excellent
80 - 85	B	3	Good
75 - 80	C	2	Satisfactory
65 - 75	D	1	Below average
50 - 65	E	0	Failure
0 - 50	F	0	Unsatisfactory
0 - 0	Q	-	Disqualification

Classification of Awards	
Class of Award	Cumulative GPA
First Class	3.5 - 4.0
Second Class	3.0 - 3.4
Pass	2.0 - 2.9
Failure	0.0 - 1.9

Options of the class (tick): *Excellent*

Signature: *[Signature]*

Head of department: *principal's opinion: Needs to work harder and harder to reach B+ and attend class to A*

Signature: *[Signature]*

pay the fees to attend nursing school. I am pleased to tell you that your investment could not have given a better return. Now she is near the end of her course, we were given notification of how well she is doing which you can judge from her marks. How wonderful that she now has a great career before her. Daima Nziku will also complete his studies next year when he will return to the clinic in Mwanhala. He will sit more exams as this newsletter goes to press, but he is also making very good progress. Thank you all.

So there you have it. My round up of what has been and is happening. As well as Gomegwa and Lucky in Tanzania, I would like to thank all my fellow officers who do so much to keep things going and of course, to thank you for keeping us afloat.

Rod Smith



Proposal of Water Project at Kiloleni Village/Dispensary

Lucky Enock Mgeni

In March 2022, Lucky Mgeni, who is a water engineer by profession, as well being our invaluable guide in Urambo District, submitted this interesting and detailed proposal for the provision of a safe and reliable water supply to the village of Kiloleni. It is reproduced here in full.

Water Supply and Sanitation

Universal access to safe and adequate water supply and sanitation has been recognized as a human right and it needs organized efforts from all components of the society to be achieved. Nowadays there is a renewed interest of governments in using organizations and charities as one of the tools to overcome the absence of or deficiencies in water supply and sanitation. Organizations and charities can provide the financing, technology and know-how about transfer and delivery mechanisms to improve the performance and quality of water services. To this extent, FUM is a tool that can be used to achieve the prospective sustainable social service relating to water.

Project Purpose

The purpose of the project is to improve the lives of villagers in Kiloleni by providing them a service on water supply and sanitation. The project aims to improve the availability, quality, acceptability, accessibility, affordability of water services while respecting the principles of equality and non-discrimination, accountability, sustainability, public participation, access to information and transparency. The targets and main beneficiaries of the project are the maternity unit and dispensary in general, the primary & secondary schools as well all the villagers.

Project Scope

Recognizing that FUM is an available tool to provide water supply and sanitation services, using the best practices and allowing the development of relevant guidance tools that could contribute to the achievement of the Kiloleni village project with a focus on safe, efficient and affordable water and sanitation services.

Water Crises at Kiloleni Village/Dispensary in Urambo District

Introduction

Urambo District is one of the seven (7) Districts that make up the Tabora Region. This district was established on 19/07/1975 by identification numbers GN of 185 of 1980 after the division of Tabora Rural District Council and Urambo; Urambo district has two divisions of Urambo and Usoke, 18 wards, 59 villages and 254 sub-villages. In 2013, the Urambo district council also divided into two councils, namely Urambo and Kaliua.

Area Size

Urambo District Council covers an area of 6,110 square kilometers and it is estimated to have a population of about 285,315 with the annual growth rate of 4.8%. The District Headquarters is located in the small town of Urambo about 90 kilometres from Tabora Town

Kiloleni Village

Kiloleni village is among 59 villages in Urambo District Council, in Tabora Region and the village is located in the north east part of the district and is in Ussoke division, Kiloleni ward. The distance from Urambo headquarters is 38km, and it has a population of 2,814 of the villagers living in the village. Other population is from the following institutions:-

- Primary school - 456 pupils
- Secondary school – 389 students
- Dispensary – 52 (staff and outpatient)

Total population of people in the village is 3,659.

State of the Economy and Village Development

The Village's economy is based mainly on agriculture which employs about 98% of the total population of this village. They mostly grow maize, rice, groundnuts, sweet potatoes and cassava. Other income is from livestock and beekeeping. There are not any small-scale industrial activities found in the village.

Water Demand

The water demand for the villagers is 73m³/day.

Water services coverage

The water situation in Kiloleni village is very bad as villagers do not have access to clean water for their household needs like drinking water, washing etc.

Currently the whole community share three main sources of water, none of which are safe for human consumption.

1. The main source they rely on is a pond (pictured below).
2. A new well that was built last month by the Kiloleni mosque for the purpose of helping the people but also to use it in their worship.
3. A 2nd well that is also open is about 3 km from the centre of the village, but because of the distance the well is used more by the surrounding neighbourhood.



The pond in use and a new well, built last month

Along with those photos I have done interviews with pupils and their teachers, as well as the villagers who use the water.

The suggested technology to be used

What can be done to reduce / eliminate the water problem?

In order to reduce or eliminate the water problem, water should be found in any way possible so that the people can be provided with access to clean and safe water and reduce the risk of disease outbreaks, but also reduce the time for water finding as people currently spend longer hours accessing it. Also the water used is not clean or safe because it is sourced from local open wells.

Since the hydrogeological survey for drilling of the deep well has been completed and soon the work will be done, I suggest that instead of installing a hand pump, or after installing a hand pump, while the people continue to use water, money should be found to construct a water network that will help the clinic to have water. But also to allow other institutions like primary and secondary schools, as well as villagers, to have access to water. If we have a water network it will help our maternity building to have enough water but also to keep it clean at all times as the maternity will have toilets and wash basins that will be installed inside the building.

I suggest using the solar energy technology

A solar water pump is an entire water pumping system powered by solar energy through the use of solar photovoltaic panels. It does not use any fossil fuels or external electricity to run the pump. There are a few components to the solar water pump system, like the solar panel, a motor pump, and a control device to operate it. Some designs may also include an inverter or solar batteries. The solar pump is different from a regular water pump in that it runs solely on solar power. When the sun is shining, the sunlight on the panels produces a direct current (DC) supply, which can be applied directly to a DC motor, which pumps the water. An Inverter can be used to convert the Direct current to an Alternating current, depending on the engine you are using.

A solar water pump offers the perfect water supply solution in remote areas where the power supply is non-existent or unreliable. At the site where we will drill a borehole there is a problem of powering electricity from the national grid. Even if there was electricity power around the area, I would still recommend using a solar system because an electric pump requires costly, regular servicing, and the purchasing of day-to-day electric units. The solar panels last around 25 years, requiring little maintenance throughout this time. In Tanzania, and especially in the Tabora region, solar water pumping has started to take off in some parts of our region, its benefits remaining largely to the users. You know things are changing, new technologies are coming up, and you can't resist good technology that offers you cheaper costs for what you need.

The plan is to use a Sunflo-X 1200H Solar powered pump that can lift water from a depth of up to 180 metres using its 1.2kW motor.

Advantages of solar water pumps over conventional electric pumps

- a. Low operation costs since fuel or electric units are not needed and the system runs on sunlight, which means there are zero costs for electricity/diesel.
- b. Solar power provides a more stable energy source than grid-based power systems as you can avoid power cuts, over-heating, and unpredictable power shortages.
- c. Low regular maintenance requirements since solar panels and inverters have no moving parts; the maintenance cost of a solar power water pump is drastically smaller compared to an electric-run water pump.
- d. Extended lifetime (good quality solar panels are warrantied for 25yrs, inverters typically 6-8 years)

Disadvantages

- Capital costs typically higher than an equivalent electric pump
- Risk of theft of panels, which is still seen as a valuable commodity in some locations
- System is dependent on solar radiation levels despite the fact that Tabora has abundant sunlight.

If we will connect the new dependent connection to the dispensary we will increase the coverage of the water service and we will almost cover the whole area of the village because villagers in Kiloleni have no access to safe and clean water.

The estimation is for the dispensary only but the further extension will not require a lot of money as the big work has already been done.

Thank you all, I welcome more suggestion and comments.

*****Water 4 Life to the People in Kiloleni Village*****

Can you help Dr George Mgalega?

Dr George, the District Medical Officer (DMO) in Nzega is a true friend of FUM and has been the source of much help and advice for FUM for several years. Recently Dr George, despite still working as the DMO, has been a resident at the Muhimbili University of Health and Allied Science where he is studying for an MSc in Health Economy and Policy. He keeps in touch with me via emails and WhatsApp messages and is the proposer of the nutritional flour project Mary Kenway writes about in the material which accompanies this newsletter.

Currently Dr George is writing his dissertation about a possible change in the country's policy for the Community Health Fund so that more people, especially the poor, can access appropriate community health care. The village clinics and District hospitals provide basic care but as Dr George told me, "Poor people in our community fall on catastrophic health expenditure so some do not visit health facilities and die at home".

In his dissertation he writes about the low and middle income countries aiming to set up community based health insurance schemes; Tanzania is one. He is proposing that a family might pay a modest annual sum so entitling them access to comprehensive health care. Of course this will not be easy for subsistence level farmers, particularly in the years of poor harvest, but what a wonderful thing a proper health care system accessible for everyone in Tanzania would be.

Dr George is struggling to finance his studies, despite still being paid as DMO. He understands he cannot apply to FUM for financial help as we took the decision for now that we could no longer afford sponsorship for medical studies, but I would like to help him. I believe around £1,500 would be all that it takes to see this wonderful doctor through to the end of his course. His ambition is to widen access to health care for the poorest people in Nzega District and indeed to the whole of Tanzania.

If you would like to help, please donate by following the link <https://cafdonate.cafonline.org/20460> or else send your donation to the treasurer (address on the back page of this newsletter).

Thank You
Jo Taylor



The Project Officer's Report

Simon Headington

As so many of our supporters were unable to attend the AGM, here is the report of Simon Headington, our project officer. I think it may be of interest to read his brief synopsis of where we are with the projects undertaken in 2021/2.

Completing work from 2020/21

Two previously approved projects were completed shortly after the 2021 AGM

- 1.a house for the family in Mambali.
- 2.The drilling and commissioning of a borehole in Isegenhe village.

New Projects for 2021/22

At the time of last year's AGM the pipeline consisted of similar projects relating to maternity buildings and water supply in three villages in Urambo District: Kamalendi, Kiloleni and Usisya

1. Kamalendi

The village needed a new maternity unit and improved water supply. We learnt that the building work was being funded by the World Bank and the water supply by the Tanzania Social Fund so no further action was required from FUM.

2. Kiloleni

Construction of a new 4 bedded maternity unit, funded by a generous legacy, and approved at the Officers Meeting in October 2021 is now well underway. Lucky has just reported that the fundis are now fixing grills, windows and door frames and this week they started on the internal plastering. It has been confirmed that, once complete, the building will be equipped by the office of Urambo District Medical Officer.

A hydrological survey, also approved at the October meeting, has been undertaken for a

new water supply for the dispensary and clinic. The results of this survey and recommendations for action are for discussion at the March 2022 meeting of the FUM Executive.

3. Usisya

Whilst we currently don't have the funds for any further projects, a water survey was undertaken at the same time as the one in Kiloleni. We will continue to work up the project proposals but I suggest that no action be undertaken until the work in Kiloleni has been completed.

Other Projects – no particular timescale

- Iyombe Primary School: Construction of classroom and teachers' office for children with Special Needs Education.
- Isegenhe Clinic and Dispensary: Repair and recommissioning of the solar lighting.

Proposals for 2022/23

1. Drilling and testing of a borehole in Kiloleni

Puzuri believe that a good supply of water should be found at a depth of around 130m at location "Eastings 0423875 and Northings 9444549" on the edge of Kiloleni village. This translates into Latitude and Longitude measurements of -5.0248487507855435 32.313278442713774 (You can use these to find the location on Google Maps or Google Earth).

This location is approximately 660 metres from the Dispensary and the cost of drilling

the borehole, lining it, and testing water quality and flow rates is £8,500.

2. Using the borehole to provide a clean water supply in Kiloleni Village

Lucky has written persuasive proposals (see page 5)

1. Use a solar powered pump to extract water from the borehole and move it the 600+ metres to a raised storage tank by the dispensary (at a cost of £7,200). A water point for village use to be placed there too.
2. Share the water supply from the new borehole (if there is sufficient flow) with the 2 schools and the village generally by adding in 3 additional storage tanks/water distribution points for an additional cost of £5,560 or £1,855 per water point.

3. Develop plans for Usisya

These two projects, along with completing the new maternity building, are plenty to keep us busy for at least the next year. However lessons learnt from the work being carried out in Kiloleni can be used to start working up plans for similar projects in Usisya, though no dates for these projects can be suggested at this stage.

Finally

None of the work described above would have happened without the tireless efforts of Mr Lucky Enock and I would like to thank him for all that he has done for the people of Urambo over the past year.

FUM Sponsored Walks 2022.



This year we will be organising two 15 mile sponsored walks.

In July there will be a walk along the Cornish coast from Portwrinkle to Plymouth Hoe

Then on September 10th a circular walk on the South Downs starting near Cuckmere Haven.

If you would like to join either of these walks or would like to organise your own sponsored walk in your local area please contact Isabel Heycock at fundraising@fum.org.uk.

She will give you details of the walks and supply sponsor forms.



The Legacy of the Golden Jubilee Appeal

Rod Smith

In all the villages with which FUM has been involved we have always been keen to assist in the provision of safe water supplies. For many years shallow hand-dug wells lined with bricks, or even better, with concrete rings, then capped and fitted with a handpump, were adequate to provide water all year round, but as the climate changed, many shallow wells proved unable to supply water throughout the year.

This meant our supported FDCs and clinics were often short of water during much of the dry season. We had many requests for help with water supplies and so, for our Golden Jubilee, FUM decided to attempt to resolve the water problems and began a program of funding rainwater harvesting installations and deep boreholes in as many locations as possible.

Thus in 2014 FUM launched our Golden Jubilee Appeal with the aim of raising a further £50,000 to provide our village clinics with clean, reliable water supplies. We raised the £50,000 within three years and were able to provide Semembele with a borehole and Nyasa and Mgooba villages with rainwater harvesting systems. Our Friends of the Nzega Friendship Association joined in and paid for a borehole at Mwasala.

By 2017 when the Jubilee Appeal ended we had made great strides towards our target of equipping all of our clinics and the FDCs with safe, reliable water supplies. Sikonge and Urambo FDCs were given

connections to their town water systems and a borehole was drilled at Mwanhala FDC. This borehole was equipped with an electric pump and a raised storage tank linked to a village water point. Water from the borehole is supplied to Mwanhala clinic, supplementing the rainwater harvesting there.

“ You are very welcome to join one of the walks or else make a donation via our website www.fum.org.uk. ”

So the majority of the FUM clinics in Nzega, Urambo and Kaliua Districts were dealt with, leaving FUM to concentrate on those remaining. We resolved to continue fundraising to improve the water supply at the remaining village clinics which FUM supports. The annual sponsored events, ‘Walking For Water’, have been the main way of raising funds and success with these has enabled us to fund a large water-harvesting tank in Ibambo and to fund a borehole in Isegenhe village and in Kiloleni. The Isegenhe borehole, located right next to the clinic, has

been successfully completed and we are now funding the one at Kiloleni in Urambo District. An interesting discussion of the water supply for Kiloleni written by Lucky Mgeni in Urambo, can be read on page 5 in this newsletter.

Our next target was to be the clinic in Kamalendi but to our delight this has received funding from The Tanzania Social Fund enabling us to switch our attention to Ibambo and Usisya villages. We will tackle Ibambo first where the chosen solution is to improve the existing rainwater harvesting facility and we have already commissioned a geophysical survey in Usisya which has identified a suitable site; all that is needed now is the money.

Our sponsored walks this year, details of which are given on page 10 of this newsletter, will be raising funds for these. You are very welcome to join one of the walks or else make a donation via our website www.fum.org.uk.

GREETINGS FROM URAMBO & KALIUA FOR THE FUM ANNUAL GENERAL MEETING March 19, 2022.

Lucky Mgeni's Address to the AGM



Dear Friends of FUM

First of all, we thank God who has continued to protect us and give us life in our daily lives.

I would like to take this special opportunity to thank you for being a great pillar for the people of the Tabora Region, especially in Urambo, Kaliua, and Nzega Districts. You have been thinking for us always, empowering and enabling on things beyond our ability; it is a very special thing to be remembered.

From last year's meeting (AGM 2021) until this year 2022 AGM you have helped us with major and costly development projects in Urambo and Nzega Districts where you have supported in drilling a deep well at Isagenhe Dispensary, a project that has been very successful. I have been to Isagenhe for more than two weeks during the project where I found the problem of water shortages that existed before the project was very serious, but now the project which cost more than TSh 31,000,000 is completely done. Now you can no longer see patients going to the clinic for treatment with water from their homes and now clinics and villagers in general have access to clean and safe water. In the future, if there is access to funding then I ask that there be built a small water supply project (water

scheme) that will help the dispensary, primary and secondary school institutions, as well as villagers, to access water services more and easily. You have not stopped helping families with special needs and living in difficult circumstances as you have helped a family of people with albinism in Nzega, God bless you.

For Urambo, apart from the money you sent to our Dispensaries and FDC for the years 2021 and 2022, you have helped us with two major development projects which are a maternity ward as well as a water project that will take place in the next few days. Both projects will cost more than TSh 58,000,000. It is a very big project that the Government could not do due to the budget deficit and even the unavailability of funds, so

we are really grateful that mothers will soon be serviced in a new and modern building.

Progress of the maternity unit
Construction of the maternity building that started in October 2021 is progressing well. I would like to take this opportunity to apologize for not completing in the scheduled time; this is due to various factors that emerged during the implementation of the project including block bricks which also contributed significantly to delaying the project. But the biggest reason was the rainy weather which caused the equipment to not arrive on site on time, especially timber that had been cut in the wild, along with other equipment delayed due to road conditions. We have also faced the challenge of price inflation on many manufactured

building materials that have come very high; this has given us a lot of trouble, as in the four months since we started implementing the project, building materials have been rising day by day. This has given us a very difficult time but we will finish the project as planned.

Currently, the ongoing work is plastering as you saw in the short WhatsApp video. The plastering work is expected to take two weeks (inside and outside) and after plastering will be done timber drafting and fixing gypsum board which will also take one week. Since all materials are available and have been delivered to the site, by 24/04/2022 we will have handed over the building for use.

The challenge we face in the building is the septic tank. As I mentioned in my email to Simon, it is difficult to connect waste pipes to the existing septic tank as it is upstream. We have asked the government to help with that but we are not sure if we will get the money due to the government failing to do a number of things in its institutions, so if you have the financial opportunity we ask you to help that too, otherwise they will have to use public toilets that are located 32 meters away in the maternity ward. The septic tank is estimated to cost TSh 2,649,400.00.

Special request

As the maternity unit is in the completion stage and a borehole for the clinic and

maternity unit is expected to be drilled soon, if we get enough water which is capable for the motorised pump, we are asking for help with a water scheme project, because the maternity unit will be equipped with equipment that needs enough water for sanitation. Leaving aside the water for clinics and maternity unit, Kiloleni village has a serious problem with access to safe and clean water services.

Finally, I wish you a good and successful meeting, may God continue to take care of you and give you a long and healthy life.

Thank you so much!

Lucky Enock Mgeni

FUM Coordinator

19 March 2022

Amazon Smile for FUM

A Great New Way to Support Our Work

We have signed up for Amazon's charity scheme that donates 0.5% of many Amazon purchases (not marketplace ones) to your named charity. There is no extra cost for you; prices are the same as normal.

To register for Amazon Smile and help FUM:

- Click <https://smile.amazon.co.uk>
- Login (if necessary) using your normal Amazon details.

• Type 'urambo' in the box then click

• When **The Friends of Urambo and Mwanhala** appears click

Your Amazon screen will then show

These details will only need to be entered once; Amazon will remember them.

Be sure to change your Amazon link to <https://smile.amazon.co.uk>

Do please tell your friends and families of this easy way to support FUM.

FUM Officers

<p>Secretary Rod Smith Tanner House Sissinghurst Rd Biddenden Kent TN27 8EX secretary@fum.org.uk</p>	<p>Chairman Richard Pratt Redwood Ridgeway Horsell Surrey GU21 2QR chair@fum.org.uk</p>	<p>Treasurer Nick Vinall Shrewsbury Cottage Bakers Cross Cranbrook Kent TN17 3JW treasurer@fum.org.uk</p>
<p>Medical Officer Mrs Jo Taylor Jubilee Cottage Headcorn Road Frittenden TN17 2EJ medical@fum.org.uk</p>	<p>Education Officer Nikki Hirst Railway Ramblers' Rest Two Bridges Road Princetown, Yelverton Devon PL20 6QT imeli@fum.org.uk</p>	<p>FDC Liaison Officer Di Cooper 3 Chard Road Exeter Devon EX1 3AY alandi40@alandi40.plus.com</p>
<p>Membership Secretary Julie Overnell The Mangold House, 19d Station Road Bere Alston, Yelverton Devon PL20 7EJ membership@fum.org.uk</p>	<p>Fundraising Officer Isabel Heycock 143 Elsenham Street London SW18 5NZ fundraising@fum.org.uk</p>	<p>Newsletter Editor Martin Kenway 3 Tremeddan Terrace Liskeard Cornwall PL14 4DU mkenway@icloud.com</p>
	<p>Projects Officer Simon Headington Heath Bank Main Street Great Longstone Bakewell DE45 1TA simon@headington.net</p>	

The Friends of Urambo and Mwanhala
59th Annual General Meeting
 23rd March 2022
 Please make a note in your diaries



The FUM Website

Our website is crammed with news, photographs and information about every area of our work. Just go to www.fum.org.uk on your PC or tablet, or point your mobile device at the QR code to take you straight there.



The Final Word

As well as Gomegwa and Lucky in Tanzania, I would like to thank all my fellow officers who do so much to keep things going and of course, to thank you for keeping us afloat.

Rod Smith